



A Volleyball Test for All...

This test is for physical education teachers, club coaches and volleyball program directors to help teach the history and core facts of volleyball.

1. *What is the size of the court?*
2. *What is the net height for men ages 15-55? What is the net height for women 18 and older?*
3. *What is the oldest age group for men and women at the National Championships?*
4. *How many Olympic Games gold, silver and bronze medals have the U.S. Women's Olympic Team won?*
5. *How many Olympic Games gold, silver and bronze medals have the U.S. Men's Olympic Team won?*
6. *How many Paralympic Games volleyball medals has the U.S. Women's Sitting Team won?*
7. *What cities will host the National Special Olympics in 2014 and the World Games for Special Olympics in 2015?*
8. *Who, male and female, were selected the Best Volleyball player of the Century in 1996?*
9. *When did beach volleyball make its Olympic Games debut?*
10. *When did indoor volleyball make its debut in the Olympic Games?*
11. *Where was the Sitting World Championships held in 2010 and how many teams competed?*
12. *Who won gold medals in beach volleyball in the 2008 Olympics in Beijing, men and women?*
13. *Name the 14 founding nations of the International Volleyball Federation (FIVB)*
14. *When was USA Volleyball, aka United States Volleyball Association, founded?*
15. *How many junior girls, 18 and under, are members of USA Volleyball?*
16. *How many nations make up the membership of the FIVB?*
17. *How many countries - men and women - compete in each Olympic Games for indoor volleyball and how many teams compete in beach volleyball?*
18. *What are the levels volleyball officials can achieve?*
19. *How many levels can a USA Volleyball coach achieve as part of their education through CAP?*
20. *Where is the Volleyball Hall of Fame?*
21. *How fast was the fastest serve recorded hit by American Clay Stanley?*

1. The size of the volleyball court is 9 by 18 meters or 29.6 by 59 feet. The size of a beach volleyball court is 8 by 16 meters or 26.2 by 52.5 feet.
2. The net height for men is 2.43 meters or 7'11 5/8" feet. The net height for women is 2.24 meters or 7'2 1/4"
3. The oldest age group for men is 75 and 60 for women at the National Championships.
4. The women have won 3 medals, 2 silver and 1 bronze. They received the silver medals in the 1984 and the 2008 games. They received the bronze medal in the 1992 games.
Women's beach volleyball has won 3 medals as well, 2 gold and 1 bronze. They received the gold medals in the 2004 and 2008 games. They received the bronze medal in the 2004 game.
5. The men have won 4 medals, 3 gold and 1 bronze. They received their gold medals in the 1984, 1988 and 2008 games. They received their bronze medal in the 1992 game.

Men's beach volleyball has won 4 medals as well, 3 gold and 1 silver. They received their gold medals in the 1996, 2000 and 2008 games. They received the silver medal in the 1996 game.

6. Sitting volleyball, the game played at the Paralympics, has received a bronze medal by the women in 2004 at Athens and a silver medal in 2008 at Beijing.
7. The National Game for Special Olympics will be hosted in Princeton, NJ and the World Games for Special Olympics will be held Los Angeles.
8. For the men, Karch Kiraly was named the Greatest Volleyball Player of the Century by FIVB, the international governing body. Kiraly retired in 2007 after winning 3 gold medals (1984, 1988 indoor, 1996 beach). Kiraly is the only player who has won both indoor and beach volleyball gold medals.
For the women, Regla Torres was recipient of the "Best Player of the 20th Century" award by the FIVB. Regla is a Cuban volleyball player who has won three Olympic gold medals with her first being at the young age of 17. She has played on the international circuit since she was 14.
9. Beach volleyball made its first appearance at the 1996 games in Atlanta, Georgia.
10. Volleyball made its first appearance at the 1964 games in Tokyo, Japan.
11. The 2010 Sitting Volleyball World Championship was held in Edmond, Oklahoma. Twenty-five teams competed in the event.
12. In Beijing, Phil Dalhausser and Todd Rogers received the gold medal. For the women, Misty May-Treanor and Kerri Walsh took home the gold medal.
13. The 14 founding nations are Belgium, Brazil, Czechoslovakia, Egypt, France, Netherlands, Hungary, Italy, Poland, Portugal, Romania, Uruguay, USA and Yugoslavia.
14. USA Volleyball was founded in 1928.
15. Junior girls, 18 and under, make up 75% of the USA Volleyball membership with 206,949 members.
16. 220 nations make up the membership of the FIVB.
17. Out of the 220 nations 12 volleyball teams and 24 beach volleyball teams make it to the Olympic games.
18. A volleyball official can reach are provisional, regional, junior national, national and international.
19. A coach can reach the level of IMPACT, CAP I-5.
20. The Volleyball Hall of Fame is located in Holyoke, Massachusetts because it was the birthplace of the sport in 1895.
21. The fastest serve by Clay Stanley was recorded at 82 mph or 132 kph.

For more fun and interesting facts about USAV, go to <http://usavolleyball.org/grassroots/usav-facts>