Purpose: Back row coverage and communication

Drill Overview:
TO hits down ball between passers P1 and P2. Both players call the ball and P1 randomly passes or fakes (attempts, then backs away). Pass to S and feed ball to TO or set and have P1 attack. Run same drill on other side of the court.

Scoring/Measurement: Score P2 on pass quality (0-3), rotate players when P2 reaches 25 points (adjust to player level).

Group Size: Four per group. If P1 hits, add shaggers.

Intensity/Rhythm:

Skill Applications:
P2 parallels P1, stays low and maintains focus on ball.
If hitting, P1 works on transitions after passes.

Variations:
S sets outside, P1 transitions and attacks line (with two groups).
P1 blocks and TO tosses deep overpasses. P1 attacks, attacks and misses or drops and passes/fakes.
Run drill with middles and use overpasses, middle letting ball fall behind.

Coaching Tips: for running this drill
I've used this with ages 13 through 21. Players have a lot of fun with this but they can get silly, especially P1, so keep tossing quickly. Drill doesn't take many reps for P2 to learn the lesson.