



## **2022 Women's National Team Open Program Athlete Schedule**

*U.S. Olympic and Paralympic Training Center (OPTC): 1 Olympic Plaza, Colorado Springs, CO 80909*

*Gyms: Sports Center I (SC I) and Sports Center II (SC II)*

### **Thursday, Feb. 24**

All Day	Check-in at OPTC Athlete Center
7-10:45 a.m.	Breakfast
11 a.m.-3:45 p.m.	Lunch
4-8:30 p.m.	Dinner

### **Friday, Feb. 25**

9 a.m.-2 p.m.	Check-in at OPTC Athlete Center
7-10:45 a.m.	Breakfast
11 a.m.-3:45 p.m.	Lunch

2-3:40 p.m.	Red Session - SC II
3:30-5:30 p.m.	White Session – SC II
5:35-6:05 p.m.	All Athlete Meeting (Mandatory) – SC I
4-8:30 p.m.	Dinner
6:10-7:50 p.m.	Blue Session – SC II

### **Saturday, Feb. 26**

7-10:45 a.m.	Breakfast
8-9:30 a.m.	Red Session – SC II
9:40-11:10 a.m.	White Session – SC II
11:20 a.m.-12:50 p.m.	Blue Session - SC II
11 a.m.-3:45 p.m.	Lunch

2-3:50 p.m.	Red Session – SC II
4-5:50 p.m.	White Session – SC II
4-8:30 p.m.	Dinner
6-7:50 p.m.	Blue Session – SC II

### **Sunday, Feb. 27**

7-9:45 a.m.	Breakfast
7:30-9 a.m.	Red Session – SC II
8-10:30 a.m.	White Session – SC I
9-10:30 a.m.	Blue Session – SC II
10 a.m.-2 p.m.	Brunch
4-8:30 p.m.	Dinner